How to Keep Your Kids Free of Drugs.

Rule #10. Don't Preach.

One of the greatest deterrents to drug use is simply talking with your kids. But don't preach or you'll lose them. If a conversation lasts more than five minutes, you're preaching. Better to have lots of fiveminute conversations. Kids have short attention spans and shorter memories. To learn more about how to talk with your kids about drugs, call for a free parent's handbook. drugfree.org

